



## Preparing for Your Eye Surgery

Thank you for choosing Tennessee Valley Eye Center! To ensure that you have the best possible outcome and experience, please review the following instructions related to your upcoming surgery.

### Special COVID-19 Safety Precautions:

- If you are experiencing any new symptoms that are flu or COVID-like, such as fever, coughing, sore throat, vomiting or diarrhea, or if you have been exposed to someone with COVID-19 in the last 10 days, please call us prior to coming to TVEC.
- Bring a mask for you and for your driver. We require everyone in our facility to wear a mask at all times.

### Preparing for surgery:

- You will be notified of your scheduled arrival time one to two days prior to the day of surgery. Please arrive on time.
- If your arrival time is before noon, DO NOT eat or drink anything past midnight the night before, including water, coffee, hard candy, gum, or food of any kind.
- If your arrival time is later than noon, YOU MAY drink clear liquids until 7:00 a.m. the morning of surgery. Clear liquids include water, black coffee, tea, Sprite, Coke, Jell-O, clear bouillon, or apple juice.
- Do not use tobacco products after midnight the night before your surgery.
- Take heart, blood pressure, seizure, breathing, thyroid and stomach medications as your doctor has directed the morning of surgery with only a sip of water.
- Do not take insulin or oral diabetic medications the morning of surgery.
- Wear loose, comfortable clothing.
- Do not wear jewelry (including wedding rings), make-up or hairspray.
- Do not bring valuables with you.
- You must be accompanied by a responsible adult driver who will stay with you at the center while you have surgery and will drive you home. If you do not have someone who can stay and accompany you home, we will have to reschedule your surgery.
- Any patient unable to give consent for surgery must be accompanied by the person who has power of attorney for healthcare decisions and bring a copy of the POA, or must arrange to give consent in advance.
- Bring your current insurance cards and a photo ID with you on the day of surgery.